

THE LOW-RISK DIABETIC FOOT

As a person with Diabetes, your feet have a **LOW RISK** of developing a serious problem, but any injury can become serious.

EVERY SINGLE DAY YOU SHOULD:

Check your feet

Always wear socks and shoes



Put cream on your feet

Dry between your toes

Check inside your shoes



Have your feet checked every 12 months



Call your doctor or foot specialist if you see anything that does not look or feel right on your feet.